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METHODS OF PREVENTING AGGREGATION OF  
VARIOUS SUBSTANCES UPON REHYDRATION OR  
THAWING AND COMPOSITIONS OBTAINED THEREBY

Field of the Invention

10 The present invention relates to methods of preventing the formation of aggregates of various substances upon dehydration and rehydration and upon freezing and thawing. Compositions obtained thereby are also encompassed by the invention.

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Background of the Invention

Storage and processing of a wide range of substances in a dehydrated or frozen form is necessary to retain activity, prevent degradation products from forming and to facilitate handling and transport. Unfortunately, upon rehydration or thawing, many substances tend to aggregate, thereby decreasing their effective concentration and often rendering them useless or forming harmful byproducts.

25 Various methods have been tried to prevent or eliminate such aggregation. For instance, detergents and chaotropic agents are often used to prevent aggregation of proteins in solution. These agents are thought to prevent aggregation mediated by hydrophobic interactions and thus are limited to prevention of aggregation due to this cause. See, e.g., Tanford and Reynolds (1976) Biochim. Biophys. Acta. 457:133; and Tanford, "The Hydrophobic Effect", 2nd Ed., Wiley, N.Y. (1980). Such agents may also not be suitable for use where the

35 substances are to be formulated into therapeutic

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compositions as they may cause adverse reactions. Aluminum salts in solution are in the form of a highly hydrated colloidal gel and carry a surface charge at any pH outside their isoelectric point. Since each colloidal particle carries the same charge, they mutually repel each other and thus naturally form a stable colloidal gel. When the hydration shell is removed (e.g., by freezing or drying) the particles can contact each other and the surface energy causes aggregation.

10           Trehalose,  $\alpha$ -D-glucopyranosyl- $\alpha$ -D-glucopyranoside, is a naturally occurring, non-reducing disaccharide which was initially found to be responsible for protection of intact plant cells from desiccation. Trehalose has been shown to be useful in preventing  
15   denaturation of proteins viruses and foodstuffs during desiccation. U.S. Patent Nos. 4,891,319; 5,149,653; 5,026,566; Blakeley et al. (1990) Lancet 336:854-855; Roser (1991) Trends in Food Sci. and Tech. pp.166-169; Colaco et al. (1992) Biotechnol. Internat., pp. 345-350;  
20   Roser (1991) BioPharm. 4:47-53; and Colaco et al. (1992) Bio/Tech. 10:1007-1011.

          In the field of protein purification it would be particularly useful to eliminate or prevent the tendency of proteins to aggregate upon rehydration and  
25   thawing. This is especially important in the area of biopharmaceuticals where the proteins are often used as an ongoing basis of treatment. In the case where protein aggregates form and are injected into a patient, antibodies may form to the protein which diminish the  
30   effectiveness of the treatment.

          Thus, it would be useful to prevent aggregation of a wide variety of substances particularly those useful in medicine.

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Summary of the Invention

The invention encompasses a method of reducing aggregation during dehydration and rehydration of substances comprising the steps of adding to a solution  
5 or suspension of the substances an amount of trehalose sufficient to prevent aggregation upon rehydration; and dehydrating the solution or suspension. The invention also encompasses the compositions obtained thereby.

The invention further encompasses rehydrating  
10 the solution or suspension to obtain a composition substantially lacking aggregates of the substance. The compositions obtained thereby are also encompassed by the invention.

The invention further encompasses a method of  
15 reducing aggregation of substances in solution or suspension during freezing comprising the steps of adding to the solution or suspension of the substance an amount of trehalose sufficient to prevent aggregation during freezing; and freezing the solution or suspension. The  
20 invention also comprises the compositions obtained thereby.

The invention further comprises the step of thawing the frozen solution or suspension to obtain a composition substantially lacking aggregates of the  
25 substance. The compositions obtained thereby are also encompassed by the invention.

A wide variety of substances are suitable for use in the invention including, but not limited to, therapeutic, prophylactic and diagnostic.

30 When the substance is red blood cells, the method may further comprise the step of fixing the red blood cells prior to adding trehalose. Fixing of red blood cells can be done by any known method including, but not limited to, formaldehyde and glutaraldehyde.

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Brief Description of the Drawings

Figure 1 is a bar graph depicting the percent height of sedimentation of aluminum phosphate per column after 24 hours. Columns labeled with + and - symbols were dried in the presence and absence of trehalose respectively. Tv stands for vacuum drying, Tfd stands for freeze drying, Tfz strands for freezing, T4fz stands for freeze thawing four times and Tw stands for aqueous samples.

Figure 2 is a bar graph depicting the percent height of sedimentation of aluminum phosphate per column after 5.5 hours. Prior to testing, samples were stored for one week at 45°C. The abbreviations are the same as those in Figure 1.

Figure 3 is a bar graph depicting the percent height of sedimentation of aluminum hydroxide after 24 hours. The numbers refer to the series as described in Example 3, d stands for vacuum drying, w stands for aqueous control, and f stands for freezing.

Detailed Description of the Invention

The present invention encompasses a method of reducing aggregation during dehydration and rehydration of substances by adding to a solution or suspension of the substances an amount of trehalose sufficient to prevent aggregation upon rehydration; and dehydrating the solution or suspension.

The invention further encompasses a method of reducing aggregation of substances in solution or suspension during freezing and thawing comprising the steps of adding to the solution or suspension of the substance an amount of trehalose sufficient to prevent aggregation during freezing and thawing; and freezing the solution or suspension.

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The term "aggregation" as used herein refers to the interaction of two or more molecules of a substance such that they no longer behave as monomers but as dimers, trimers or other multimeric forms. Reducing aggregation decreases the concentration of multimeric forms compared to substances dehydrated and rehydrated or frozen and thawed in the absence of trehalose. A substance substantially free of aggregates or substantially nonaggregated is one which, upon rehydration or thawing, contains a decreased amount of multimeric forms of the substance compared to a control lacking trehalose. Typically, trehalose prevents the formation of all multimeric forms of the substance. In the case of growth hormone, for instance, the addition of trehalose prior to dehydrating or freezing results in the elimination of all multimeric forms with the exception of dimers. The dimers are, however, reduced in comparison to a control.

In a preferred embodiment, the substances suitable for use in the invention have medical utility. Such substances include, but are not limited to, therapeutic substances, prophylactic substances and diagnostic substances. The substances are those which form multimers upon dehydration/rehydration and/or freezing/thawing. The method of formation of multimers or aggregates is not critical to the invention.

Suitable therapeutic substances include, but are not limited to, any therapeutically effective biological modifier. Such modifiers include, but are not limited to, proteins and peptides, steroid hormones, oligosaccharides, nucleic acids and a variety of small molecules. Further, the modifiers may be derived from natural sources made by recombinant or synthetic means and include analogues, agonists and homologs. As used herein "protein" refers also to peptides and

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polypeptides. Such proteins include, but are not limited to, growth hormones, growth factors, insulin, monoclonal antibodies, interferons and interleukins. Preferably, the growth hormone is human growth hormone. Suitable steroid hormones include, but are not limited to, estrogen, progesterone and testosterone. Therapeutic substances prepared by the methods described herein are also encompassed by the invention.

Suitable prophylactic substances include, but are not limited to, aluminum hydroxide and aluminum phosphate which are used in preparation of vaccines. Compositions containing the prophylactic substances are further encompassed by the invention. Preferable compositions include vaccines containing the aluminum hydroxide or aluminum phosphate prepared by the method described herein. Suitable vaccines include, but are not limited to, combination vaccines, such as diphtheria, tetanus, pertussis (DTP) or DTP/inactivated poliovaccine (IPV). Suitable diagnostic substances include, but are not limited to, colloidal gold, polystyrene latex, fixed erythrocytes and monoclonal antibodies. Diagnostic substances prepared by the method described herein are also encompassed by the invention.

The dehydration step can be performed by any method known in the art including, but not limited to, lyophilization, drying at ambient conditions or drying under reduced vapor pressure. When drying at reduced vapor pressure, the temperature at which the drying occurs is preferably below the temperature at which degradation of the substance occurs.

The freezing step can be performed by any method known in the art including, but not limited to immersing in liquid nitrogen, placing in a freezer which may be at -4°C to -80°C, dry ice and alcohol freezing bath. The samples should be maintained at a temperature

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suitable to maintain the frozen state. Thawing the frozen sample can be by any means known in the art, for instance at room temperature or at an elevated temperature. If thawing occurs at an elevated temperature, the temperature should be below that which causes denaturation or other chemical changes in the substance. Optimal freezing and thawing temperatures can be determined empirically. Such a determination is within the skill of one in the art.

10           Once the substances have been dehydrated or frozen, they can be stored indefinitely. The dehydrated substances store well at ambient temperatures, although they may be stored at any temperature below that which causes denaturation or other chemical changes. The invention further includes the steps of rehydration of the dehydrated samples to obtain solutions and suspensions substantially free of aggregates of the substance. Rehydration may add at least an amount of water sufficient to restore the buffer composition of the original solution or suspension but may add any amount of water or buffer.

20           When the substance is red blood cells, the method may further comprise fixing the red blood cells prior to adding trehalose. The fixing step may be done by any method known in the art including, but not limited to, glutaraldehyde. In the preferred embodiment, the cells are fixed.

25           The methods of the present invention require that the trehalose be present in an amount sufficient to prevent aggregation of the substance upon rehydration or thawing. Such a determination will be made empirically and is well within the skill of one in the art. Preferably, trehalose is added in an amount to obtain a final concentration of from about 1% to 50% (w/v). More

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preferably, trehalose is added in an amount to obtain a final concentration of from about 5% to 25% (w/v).

Trehalose is available from a variety of suppliers. Preferably the grade of trehalose used is  
5 ANALAR reagent, molecular biology or pharmaceutical grade. In the case of medicinal compositions the trehalose preferably meets the good manufacturing practice (GMP) standards set by the Food and Drug Administration (FDA).

10 The invention also encompasses the products obtained by the method both before and after rehydration or thawing. In one embodiment, the invention includes the frozen compositions containing a substance and an amount of trehalose sufficient to prevent aggregation of  
15 the substance upon thawing. In another embodiment, the invention includes a dehydrated composition comprising a substance and an amount of trehalose sufficient to prevent aggregation of the substance upon rehydration. The invention further includes the compositions after  
20 being thawed or rehydrated respectively.

Interestingly, the amount of trehalose found to be effective at preventing aggregation cannot be directly extrapolated from the amount of trehalose effective in preventing desiccation damage. For instance, work  
25 presented in United States Patent No. 4,891,319 showed that amounts of trehalose as low as 1% w/v in a protein solution could prevent desiccation damage to proteins such as Factor VIII. The Examples presented herein show that more than 30% w/v trehalose is necessary to  
30 completely prevent aggregation of aluminum hydroxide and 15% w/v is necessary to prevent aggregation of a protein.

The following examples are meant to illustrate, but not limit, the invention.

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EXAMPLES

Example 1

Prevention of Aggregation of Particulate

Suspensions by Trehalose

5           In order to determine whether trehalose  
prevented aggregation of particulate suspensions, two  
examples, colloidal gold and polystyrene latex, were  
studied. Colloidal gold was obtained from the Babraham  
Laboratories and polystyrene latex was a suspension of  
10 particles of polystyrene which had been purchased from  
Sigma Chemical Company.

          The colloidal gold was made according to the  
method described by Frens (1993) Nature 241:20. It was  
dried from a concentrated suspension of 0.2% Au in a  
15 volume of 50  $\mu$ l per well in a 96 well microtiter plate  
either with added 10% w/v trehalose or without trehalose  
and subsequently rehydrated after storage for one week at  
37°C in a dry oven. On rehydration, the material that  
had been dried in the presence of trehalose gave a smooth  
20 suspension of colloidal gold as determined by microscopic  
examination. The material that had been dried without  
trehalose showed microscopic aggregates which could not  
be broken up into a smooth suspension.

          With the polystyrene latex, similar experiments  
25 were done. The latex was obtained from Sigma Chemical  
Company catalogue number LB-8, average diameter 0.8  
micron polystyrene. It was used at the concentration  
obtained from the supplier and again was dried without  
any addition and also dried with the addition of 10% w/v  
30 trehalose which was dissolved in the solution before  
drying. Both samples were rehydrated about a week after  
drying and were stored at 37°C in a dry oven in the  
interim. The material dried without trehalose was badly  
aggregated into very large clumps. The material dried in

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the presence of trehalose resuspended into a very smooth, single particulate suspension.

Thus, the addition of trehalose prior to drying the particulate suspensions substantially reduced the amount of aggregation upon rehydration compared to a control lacking trehalose.

### Example 2

#### Effect of Trehalose-Drying on Aggregation of Red Blood Cells

##### Experiment

Rat RBCs were washed three times in an anti-coagulant CPD (102 mM trisodium citrate, 1.08 mM sodium phosphate and 11 mM dextrose), filtered through cotton wool and fixed in either 1% formaldehyde or 0.5% glutaraldehyde. Fixing was at room temperature for one hour. The fixed cells were washed three times in CPD and resuspended in either 10% Trehalose and 0.12 mM Sodium Azide ( $\text{NaN}_3$ ) or CPD. The final cell concentration was 25% w/v.

Cells fixed in formaldehyde lysed on washing and were not processed further.

Unfixed cells agglutinated in trehalose and needed the addition of 1/5th volume of Phosphate-buffered saline before being processed further.

100  $\mu\text{l}$  of cells in either 10% trehalose 0.12 mM  $\text{NaN}_3$  or CPD were dried either in Nunc plates or on slides and examined microscopically for aggregates.

##### Results

The unfixed cells dried without trehalose lysed completely and with those dried with trehalose also showed 95-99% lysis though the ghosts showed discoid morphology.

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The fixed cells dried without trehalose showed gross macroscopic aggregation of the cells. The fixed cells dried with trehalose resuspended as a smooth single cell suspension with only a few microaggregates. These  
5 microaggregates appear to form at higher concentrations of trehalose and thus do not appear to be concentration dependent.

### Example 3

#### 10 Aggregation of Aluminum Hydroxide/Phosphate

##### Sedimentation Assay

The following method was followed to determine whether trehalose is successful in preventing aggregation  
15 of prophylactic adjuvants.

Aluminum phosphate and aluminum hydroxide were diluted 5-fold to a final concentration of 0.6% w/v and allowed to sediment in 1 ml glass pipettes. The height of the sediment column was measured at various time  
20 intervals up to 24 hours. Note that the % height of sediment column should not be < 30% when a steady state has been reached. (about 5 hours.)

The samples were dried under vacuum, frozen at -20°C and thawed at room temperature.

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##### Results

###### Pilot 1. Aluminum phosphate

Different forms of drying and storage were compared in the presence or absence of 15% trehalose.  
30 These were vacuum drying (Tv), freeze drying (Tfd), freezing (Tfz) and freeze thawing for four cycles (T4fz). Wet controls (Tw) which were stored at 4°C were also run.

200 µl sample per glass vial were dried and sedimentation assays carried out at day 0 and after 1

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week storage at 45°C. The results obtained are shown in Figures 1 and 2.

Pilot 2. The aggregation of aluminum hydroxide and haemaccel (degraded gelatin) was measured with a titration of trehalose with the concentrations shown in Table 1. The samples contained 1.5% aluminum hydroxide and 2% haemaccel. Only vacuum drying (d) and freezing (f) were compared. Wet controls (w) contained trehalose and haemaccel but were not dried or frozen. Each series contained (d), (f) and (w) samples. The concentrations used are shown in Table 1 and the results obtained are shown in Figure 3.

Table 1			
15	<u>Series</u>	<u>Final % trehalose</u>	<u>% haemaccel</u>
	1	7.5	-
	2	15	-
	3	30	-
	4	15	2
20	5	-	-

#### Conclusions

- a) 15% trehalose can prevent freezing induced aggregation in aluminum phosphate and aluminum hydroxide
- b) 7.5% trehalose is not sufficient for preventing aggregation during the drying process.
- c) No additional effect of Haemaccel at 2% was observed.

Aluminum hydroxide, dried in the absence of trehalose and rehydrated was found to be aggregated into large clumps which sedimented rapidly and quickly to yield a very small gel column. Trehalose in

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concentrations above 15% prevented this aggregation so that the rehydrated material formed a gel column of a height similar to the fresh, undehydrated material. This sedimentation pattern illustrates that the hydrated,  
5 nonaggregated molecules have a large hydration shell volume and are separated from one another causing them to sediment slowly.

Example 4

10 Effect of Trehalose on  
Aggregation of Biological Molecules

Protein formulations may undergo modification by a number of mechanisms including deamidation,  
15 oxidation and aggregation, the principle causes of human growth hormone (hGH) degradation. Deamidation and oxidation are considered collectively as chemical degradation. To date there is little evidence of any effect of these chemical degradation products on  
20 biopotency. Pearlman and Bewly (1993) In: Wang and Pearlman eds. Stability and Characterization of Protein and Peptide Drugs, pp. 1-58, Plenum Press, New York.

Aggregation is the principle problem affecting hGH and other protein formulations used as  
25 biopharmaceuticals and may reduce biopotency. Soluble or insoluble aggregates can form as a result of both covalent and non-covalent interactions. A variety of stresses such as heating, freezing or agitation may induce aggregation. Whilst a visible insoluble aggregate  
30 may render a parenteral product unuseable, the major problem is the induction of an unwelcome immune response in the subject. Pearlman and Bewley 1993. This is particularly detrimental where the protein formulations such as hGH are administered parenterally and in multiple  
35 doses.

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The following experiment was performed to determine whether or not trehalose affected the aggregation of proteins. Samples of hGH (5 mg) were dried from 200  $\mu$ l containing 15% trehalose, 5 mM

5  $\text{Na}_2\text{HPO}_4 \cdot 2\text{H}_2\text{O}$  adjusted to pH 7.4 with  $\text{H}_3\text{PO}_4$  (formulation A). Two control samples were prepared: 5 mg hGH dried from 200  $\mu$ l sodium phosphate buffer pH 7.4 (formulation B); and 5 mg hGH dried from 200  $\mu$ l sodium phosphate buffer pH 7.4, 5 mg glycine, 25 mg mannitol (formulation

10 C). These formulations were dried for 20 hours in a vacuum drier at a pressure of 30 millitorr and a shelf temperature of 40°C. They were subsequently sealed under vacuum in standard pharmaceutical serum vials with rubber closures and a crimped aluminum seal.

15 Following storage at 40°C in a dry incubator, samples were rehydrated with deionised water and analysed by reverse phase and size exclusion high performance liquid chromatography to determine chemical degradation and aggregation respectively according to the method

20 described by Pikal et al. (1991) Pharm. Res. 8:427-436. These results are presented in Table 2.

Formulation A was subsequently re-analysed and compared with a conventionally freeze-dried essentially as described in Pikal et al. (1991) equivalent

25 formulation (formulation D). These results are presented in Table 3.

### Results

An accelerated aging protocol of four weeks at

30 40°C was utilized to assess stability and aggregation. The formulation containing trehalose performs very well under these conditions. No chemical degradation was observed and the limited aggregation detected was restricted to dimer formulation (Table 2, lines 1-4).

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The absence of high molecular weight aggregates is significant.

Two hGH controls were formulated, one without a stabilizing excipient (B) and one containing glycine and mannitol that was similar to commercial formulations (C) (Table 2, lines 5-6). These formulations suffered from considerable chemical degradation and aggregate formation, both dimer and higher molecular weight. The values for the glycine mannitol formulation were comparable with results from a previous study in which a similar formulation was freeze-dried (Table 3, line 7, Pikal, et al. 1991). When the stability of formulation A was compared with that of a freeze-dried equivalent (formulation D), no difference in terms of 40°C stability was observed (Table 3, lines 1-6). In Tables 2 and 3 chemical degradation is measured by the area under the curve represented by the deamidated protein.

Thus the hGH formulations containing trehalose, either dried at 40°C or freeze-dried, have been shown to be considerable improvements on previous formulations.

Table 2  
Summary of hGH Stabilization and Aggregation Data  
(Part 1)

Line	Formulation	Treatment	% Chemical Degradation	% Aggregation Dimer	% Aggregation High Mol. Weight
1	A	pre-dry	3.1	0.4	0.003
2	A	post-dry	3.3	0.6	0.06
3	A	2wk., 40°C	3.5	0.9	0.02
4	A	4wk., 40°C	3.4	1.1	0.002
5	B	4wk., 40°C	11.1	6.9	2.1
6	C	4wk., 40°C	8.2	2.2	0.8

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Table 3  
Summary of hGH Stabilization and Aggregation Data  
(Part 2)

5	Line	Formulation	Treatment	% Chemical Degradation	% Aggregation
	1	A	initial	4.15	0.66
	2	A	2wk., 40°C	4.16	0.92
	3	A	4wk., 40°C	4.25	1.04
	4	D	initial	4.05	0.71
10	5	D	2wk., 40°C	4.09	0.86
	6	D	4wk., 40°C	4.17	0.92
	7	E	4wk., 40°C	8.2	3.0

15           Although the foregoing invention has been  
described in some detail by way of illustration and  
example for purposes of clarity and understanding it will  
be apparent to those skilled in the art that certain  
changes and modifications may be practiced. Therefore,  
the description and examples should not be construed as  
20   limiting the scope of the invention, which is delineated  
by the appended claims.

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